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Lip Blush Pre and Post Procedure Care

Pre Care

We suggest that you exfoliate your lips before day of appointment. If you have any history of cold sores/ fever blisters/ herpes simplex, you must contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions.

Two or three sessions may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color on the first application.

General Info

Micropigmentation (semi-permanent makeup) procedures are affected by the "canvas" (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person's skin is different, and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial procedure. In all cases, a follow-up appointment is required approximately 30 days after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs or infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

For Lip Blushing....

- Apply ice for the first 2-24 hours to reduce swelling.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Apply a thin coat of Aquaphor® or white petroleum (such as Vaseline®) to the area twice a day for 3-4 days, before showering and after cleansing.
- Avoid sweating such as from vigorous exercise for 24 hours.
- For at least one week post-procedure or until healing is complete (whichever is longer):
 - Keep your hands clean and avoid touching the lips
 - Do not scrub or pick at your lips
 - Do not use peroxide or Neosporin on lips
 - Do not lip the area to direct sun or to tanning beds.
 - Avoid exposing the lips excessive moisture or humidity, such as facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing). These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near lips until healed
- Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.

Lip Blush Healing Schedule

If you've never had your lips done before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from Lip Blush include but are not limited to :redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day Effect

1	Swelling, tender, heavy, thick lipstick look with reddish brick color. For the first few days, the color is darker than it will appear when healed.
2	Slight swelling, reddish, tender, with a slight metallic taste.
3	Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color.

4	Exfoliation begins, very chapped lips. The color will become lighter as the epidermis sloughs off. It will appear that you have lost all of your color, however, when your lips have healed completely, the dermal layer will gradually become darker.
5	Very chapped but almost finished with first chapping stage.
6	A soft, rich color begins to appear.
7-13	Lip color disappears and the 'frosty' 2 nd chapping stage begins as a whitish gray haze on the lips.
14	Color blooms from within more and more each day until day 21 (3 weeks post procedure).
21	Healing complete. The color you see is the color that you have.