



FACIAL XPRESSIONS

MAKEUP ♦ MICROBLADING

6350 Plantation Center Drive

Suite 206

Raleigh NC 27616

(919) 341-5040

POST CARE INSTRUCTIONS

For application of Microblading/ Ombre Brows

You will book your touchup appointment exactly 7 weeks after first appointment. Touchup session takes place during week 8-10. Failing to follow these booking instructions and booking before week 7 will result in appointment cancelation. Touchup session is \$150 but is not paid during initial appointment.

1. **DAY 1-** Do not touch the healing pigmented area with your fingers, because fingers may have bacteria on them and could create an infection
2. **DAY 2 through 7- KEEP YOUR BROWS DRY!** While showering, open window or door or use bathroom fan to decrease steam. If you are washing your hair in the shower, turn with your back facing the water and wash hair while holding head at angle where water will not roll down onto brows. Keep eyebrows lightly glossed with Aquaphor, applying morning and night for the next 7 days. Do not suffocate your brows by applying too much Aquaphor. A generous amount applied so that it does not look greasy when applied is enough.
3. **Day 8-** Wash eyebrows with mild unscented soap such as Dove unscented, Cetaphil, Cereve, or baby soap. Use finger to apply soap, after washing hands first. Wash starting at front of brow to the tail. No scrubbing or harsh rubbing. Apply a thin later of Aquaphor after washing is complete.
4. Absolutely no brow products, sun, sauna, jacuzzi, swimming in chlorine pools, recreational bodies of water or gardening for 7-10 days, (until area is

completely healed) post procedure and this must be repeated for all touch-ups. If you have pets and they sleep with you, please refrain them from your bed until your brows start to scab. If pets have been in your bed, please wash all linen before sleeping.

5. Do not rub, or pick procedure area while it is healing (as pigment may be removed along with crusting tissue). Do not use products that contain AHA's on the procedure area. Example: Glycolic, Retin-A, Lactic Acid, Neosporin and Peroxide. Always check your product labeling so it will not fade your pigment color.
6. Do not exercise for the first 7 days. Sweating will make your pigment move to the surface.
7. If you are a blood donor, you may not give blood for 1 year following your Permanent Make-up application (per Red Cross).
8. Touch-up visits should be scheduled on week 7 post procedure. All Permanent Make-up procedures are a two-step process. Results are not determined until touch-up application is completed.
9. If you have any questions or concerns, please notify us immediately.

**FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN
LOSS OF PIGMENTS!**

**WHAT TO EXPECT AFTER MICROBLADING OR EYEBROW
SHADING PROCEDURES:**

- 1) Slight swelling, thickness, and/or redness for one or two days following the procedure.
- 2) It is normal to lose approximately 1/3 of the color during the healing process.
- 3) After the initial procedure, the color may be a shade too dark; in six days it will appear to light after 10 days the color will show more.
- 4) It will appear softer when completely healed because the color will come from dermal layer of the skin to the epidermal layer of the skin.
- 5) Please be patient. Healing takes up to 30 days. At your next appointment, more hairs/pigment can be added to polish and perfect your brow arch.

The brows are approximately 20 to 25% darker and bolder in the width than they will be when healed. Your skin is red under the pigment which causes the color of the pigment to appear darker. There is some swelling, although difficult to see due

to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow procedure to flake away and a narrower appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.

Sincerely,

Facial Xpressions Makeup and Microblading



KenDreeka Carrington

Owner/Lead Technician, Facial Xpressions Makeup and Microblading

(919) 341-5040 | myfacialxpressions@gmail.com

| www.facialxpressions.com

6350 Plantation Center Drive

Suite 109, Room 206

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