



FACIAL XPRESSIONS
MAKEUP • MICROBLADING

6350 Plantation Center Drive
Suite 206
Raleigh NC 27616

PRE-CARE INSTRUCTIONS

For 7 days preceding application of Microblading Permanent Makeup (PMU)

Congratulations and thank you for choosing Facial Xpressions Makeup and Microblading for your Permanent Makeup Procedure! We aim for total and complete satisfaction, so we want to provide you with the following pre-care instructions to ensure optimal results. If you have any questions, please contact KenDreeka Carrington-Ragland, our lead technician at (470) 344-3962 to help you through the process.

- 1) Wash your face with a non-abrasive, gentle cleanser the day of your procedure and refrain from alcohol, aspirin, or aspirin products such as blood thinners.
- 2) Refrain from Ibuprofen and Aleve for **24 hours prior** to your appointment and Vitamin E and fish oil capsule **7 days prior** to your appointment.
- 3) Please avoid energy drinks and coffee up to **24 hours prior** to your appointment. Caffeine will not help you relax your facial muscles in the areas we will be working on.
- 4) Any change from these directions encourages excessive bleeding which negatively affects the longevity of your semi-permanent makeup application. In some cases the application will need to be prematurely stopped.

A healthy skin preparation will be helpful in achieving the best results for your eyebrows. Please do not hesitate to contact us if you have any questions about the post procedural care.

Sincerely,

Facial Xpressions Makeup and Microblading



KenDreeka Carrington-Ragland

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